

Seven Dolors Catholic Church
Confirmation 2026 – 2027
Saint Name Worksheet

Due: _____

Confirmandi Name: _____

Parents' Name: _____

Saint Chosen: _____

Part of being confirmed is choosing a Confirmation Saint Name. This worksheet provides a space to explore saints before you make your selection. You're advised to choose a saint that you can relate to and admire.

Included in this worksheet is a list of resources to aid you in your research.

The questions are to help you evaluate the saints. Give yourself plenty of time to think about whom the saints are and which one(s) has special meaning in your life.

To fill out and submit this worksheet, you have a couple choices:

- Using black or blue pen hand write on the lines. Return the form to the Confirmation Catechists during class.
- You can download and fill out in Adobe by clicking on each line and typing. If you fill it in on the computer, you must save the PDF as a file on your computer. If you do not, once you close your browser your answers will be gone. Once you are finished, submit your worksheet by sending an email to reoffice@sevendolors.com or print and return to the Confirmation Catechists during class.

Helpful Links:

- Information on the Saints: http://catholicsaints.info
- Information on the Saints: http://www.catholic.org/saints
- Saint of the Day: http://www.franciscanmedia.org/source/saint-of-the-day/
- Saint Books: Available in the adoration chapel & RE Office
- LifeTeen Google LifeTeen Confirmation Saints

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Questions

1) Use the above "Helpful Links" to answer the following questions.

1. Were you named after a saint? **Yes:** Saint_____ **No** ☐

2. Which Saints are Patrons of your interests/passions?

a Interest/Passion:_____ Saint:_____

b Interest/Passion:_____ Saint:_____

c Interest/Passion:_____ Saint:_____

3. Who is the Confirmation Saint of your:

a Sponsor:_____

b Parents:_____

c Godparents:_____

d Siblings:_____

4. Feast Days:

a Which saints have feast days on your birthday? _____

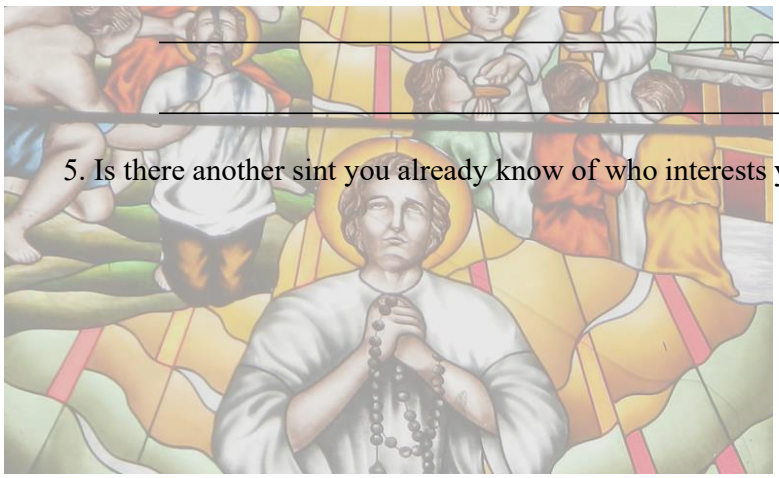
_____

_____

b Which saints have feast days on the date of your Baptism?_____

_____

_____



5. Is there another sint you already know of who interests you? _____

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2) Using the Saints you have just researched (in any of the above questions), pick 3 who interest you.

1. First Saint: _____

a Saint's Early Life

- What year was the saint born? _____
- Where did the saint live? _____
- Who were the family members at the time of the saint's birth or who did the saint live with? *(Dad, mom, siblings, grandparents, etc).*

_____

_____

b What happened in the saint's life? What were his/her struggles and challenges?

_____

_____

c How did the saint live out their faith? What did they do?

_____

_____

d Saint's Death:

- When did they die? _____
- Why did they die? _____
- How did they die? _____

e When is the feast day? _____

f Is the saint considered a Doctor of the church? _____

g What do you admire about the saint? _____

_____

_____



2. Second Saint: _____

a Saint's Early Life

- What year was the saint born? _____
- Where did the saint live? _____
- Who were the family members at the time of the saint's birth or who did the saint live with? *(Dad, mom, siblings, grandparents, etc).*

_____

_____

b What happened in the saint's life? What were his/her struggles and challenges?

_____

_____

c How did the saint live out their faith? What did they do?

_____

_____

d Saint's Death:

- When did they die? _____
- Why did they die? _____
- How did they die? _____

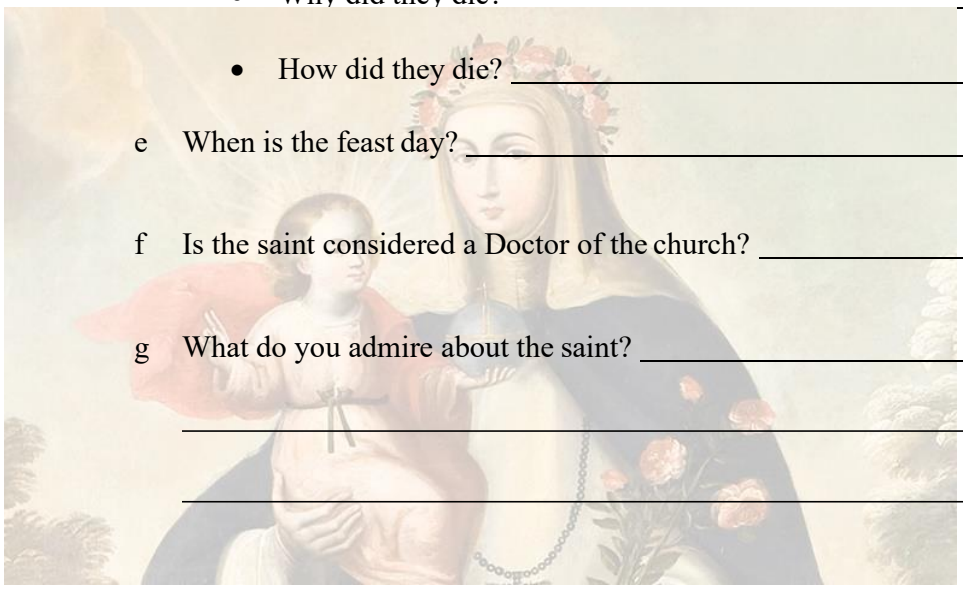
e When is the feast day? _____

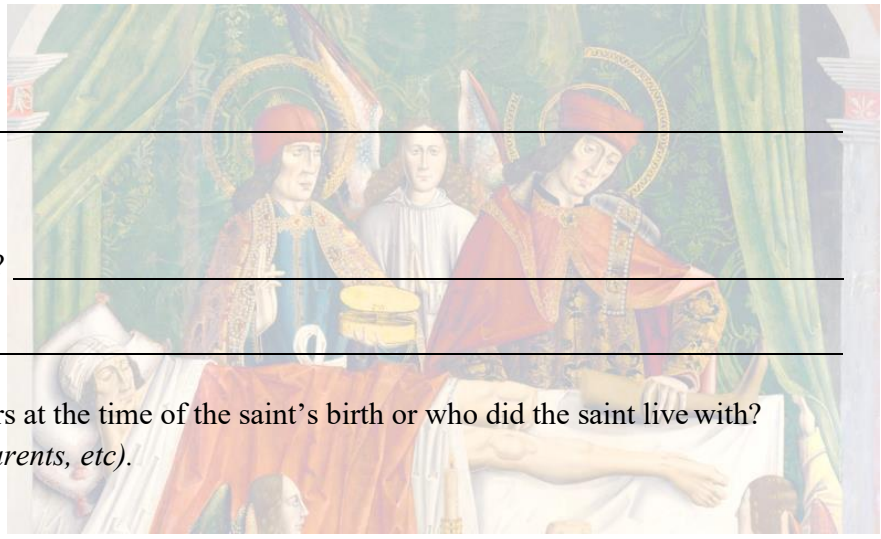
f Is the saint considered a Doctor of the church? _____

g What do you admire about the saint? _____

_____

_____





3. Third Saint: _____

a Saint's Early Life

- What year was the saint born? _____
- Where did the saint live? _____
- Who were the family members at the time of the saint's birth or who did the saint live with? *(Dad, mom, siblings, grandparents, etc).*

_____

_____

b What happened in the saint's life? What were his/her struggles and challenges?

_____

_____

c How did the saint live out their faith? What did they do?

_____

_____

d Saint's Death:

- When did they die? _____
- Why did they die? _____
- How did they die? _____

e When is the feast day? _____

f Is the saint considered a Doctor of the church? _____

g What do you admire about the saint? _____

_____

_____

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3) Saint Selection

1. Which saint are you choosing for your Confirmation name? _____

2. Why are choosing this saint? Please answer in a short essay *(3 paragraphs, at least 3 sentences each)*

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After completing the form, student and sponsor/parent needs to sign and date.

Teen: _____ Date:_____

Sponsor or Parent:_____ Date:_____